



Sant Nandlal Smriti Vidya Mandir, Ghatsila

Yearly Syllabus for Std III – V Session 2024-25

Subject-Games

| Month | Event/Topic | Std | Purpose | Requirement | Instructor |
|--------------------|---|---------|--|------------------------------|------------|
| April & May | Hopping race, crab walk race, one legged, skipping. | III - V | For betterment in the events, it will improve balance. | Skipping rope. | |
| June & July | Drill practice & March-past | III - V | Preparations for 15 th August. | ----- | |
| August & September | 100mts, 200mts, skipping race. | III - V | Improves stamina. | Skipping ropes. | |
| October & November | Badminton & kabaddi. | III - V | For the betterment in the events. | Badminton rackets & shuttle. | |
| December | Mass drill for Std III , March-Past for IV & V. | III & V | For 26 th January 2025. | ----- | |